

















Aqua Fitness Timetable

	Mon	Tue	Wed	Thur	Fri	Sat
7.15am	 AQUA		 AQUA		 AQUA	
8.15am	 AQUA	 AQUA	 AQUA	 AQUA ZUMBA	 AQUA	 AQUA
9.15am	 AQUA	 AQUA MAX	 AQUA	 AQUA MAX	 AQUA ZUMBA	
6.00pm	 AQUA		 AQUA			

Class locations:

Indoor

5

Outdoor Shallow

6

Outdoor Deep

7

Valid from 16 June 2025